

# **Women and Girls in Georgia Program**

**Friday, October 24**

**2-3pm**

Registration & Welcome

**3:15-5:15pm**

**Bodyworks:**

*A Workshop on helping girls and their families create healthier lifestyles*  
Mandy Jarriel, Georgia College & State University

**3:15-4:15pm**

**Sports & Exercise**

*Your Next Steps: Facilitating Successful Sport Experiences for Girls*  
Pamela Noakes, National Association for Girls and Women in Sport

Sprint interval training improves insulin resistance, VO<sub>2</sub>max, and central circulatory capacity in sedentary, overweight women  
Jennifer Trilk, University of Georgia

Session Chair: Kristen McCauliff, University of Georgia

**Issues Related to Aging**

*Women's Health and Aging*  
Anne P. Glass  
College of Public Health, UGA

*MyHealth. MyMedicare: A health insurance for Aged and Disabled Women*  
Iris Bermudez & Judy Weaver, Centers for Medicare & Medicaid Services

Session Chair: Mimi Sodhi, University of Georgia

**4:15-5:15pm**

**Midwifery & Maternal/Child Health**

*History of Midwifery in Georgia*  
Caroline Bowman, University of Georgia

*Latino immigrants' use of traditional medical practices for maternal and child health in Athens, Georgia*  
Madalena Monteban, University of Georgia

Session Chair: Cecilia Herles, University of Georgia

## **Lesbian Health**

*Identity, Culture & Lesbian Health in Georgia*  
Sarah Stanton, MPH, Atlanta Lesbian Health Initiative

*Black Queer Women Confront Don't Ask, Don't Tell in Black Communities*  
Shannon J. Miller, University of Georgia

Chair: Brooke Campbell, University of Georgia

**5:15-6:30pm**

## **Violence & Health**

*The Treatment of Dating Violence: An Intergenerational Approach*  
M. L. Parker  
University of Georgia

*The Effects of Post Traumatic Stress Disorder on Physical Health*  
Sally K Sheppard  
Sexual Assault Center of Northeast Georgia, Inc.

*Group treatment approaches for working with adult survivors of childhood sexual abuse: Strategies and interventions*  
Jessica Parrillo & Allie Smith, University of Georgia

Session Chairs: Monica Gaughan, University of Georgia

## **Environmental Health & Paradigm Shifts**

*Women's Environmental Health and Women's Health Activism:  
Tritium Exposure Risks For Women in Communities along the Savannah River*  
Lisa Ledwidge, Institute for Energy and Environmental Research &  
Amanda Hill and Bobbie Paul, Atlanta Women's Action for New Directions

*Environmental Health of Women & Girls*  
Jill Jennings McElheney  
Micah's Mission

*Health Empowerment: A Womanist Perspective*  
Layli Phillips  
Georgia State University

Chair: Kelly Happe, University of Georgia

**6:30pm**

Dinner

# Saturday, October 25

## 8-9am

Registration and Breakfast

Pilates with Nichole Ray

## 9-11:00am

### Be Present

*Sisters & Allies: Sustaining Healthy Leaders for Social Justice Using the Be Present Empowerment Model® to look at the Issues of Race, Gender, Power & Class*

LaVerne Robinson & Arianna Robinson

Be Present

Session Chair: Maria Bermudez, University of Georgia

## 9-9:50am

### Rethinking Obesity

*Make Love Not War: Shifting the Cultural Paradigm from the “War on Obesity” to “Love Your Body”!*  
Dina Zeckhausen, Eating Disorders Information Network

*Fat Acceptance: Encouraging Healthy Body Image in Personal and Clinical Settings*  
Allison Salmon, University of Georgia

Session Chair: Juanita Johnson-Bailey, University of Georgia

### Incarceration & Health

*Beyond Survival: Exploring Positive Well-Being Among Incarcerated Women*

Sarah M. Vitorino

Emory University

*Realities for Incarcerated Women*

Susan D. Patton, Lee Arrendale State Prison, Alto, GA

Chair: Patricia Richards, University of Georgia

### Teen Sexuality

*Precocious puberty in Girls: Implications for Teen Pregnancy Prevention*

Joanne Chopak-Foss, Bridget F. Melton, Swati Raychowdhury

Georgia Southern University

*“What does she expect when she dresses like that?”:*

*Teachers’ Perceptions of Emerging Adolescent Female Sexuality*

Regina Rahimi, Armstrong Atlantic State University &

Delores Liston, Georgia Southern University

Session Chair: Linda Grant, University of Georgia

**10-10:50am**

**Addressing Addiction**

*How to incorporate a feminist perspective in mental health and substance abuse services through faith based initiatives to African Americans*

Angela R. Taylor, Aisha D. Williams, Yarneccia D. Hamilton, Whitney M. Young  
Clark Atlanta University

*Women and Addiction: Adjusting and Succeeding in Life After Treatment*

Andrew Cooper & Joyce Sloan, Families First

Chair: Mimi Sodhi, University of Georgia

**Sexual Health on Campus**

*Current Trends in Collegiate Sexual Health*

Katy Janousek, University of Georgia

*Filling the Gaps of Learning, Negotiating the Barriers to Advocacy*

Hannah Vann, Suzanne Bottorff  
Mercer University

Chair: Stephanie Burwell, University of Georgia

**Reproductive Justice**

*Digesting Politics: What's Next with Reproductive Justice at the State Capitol -- A Conversation with Advocates*

Feminist Women's Health Center

Chair: Karen Schlanger, University of Georgia

**11-12:15pm**

**Keynote**

**Susan F. Wood**

Director, Jacobs Institute of Women's Health, George Washington University School of Public Health and Health Services

***Women's Health: Challenges from the Past & Opportunities in the Future***

**12:30-1:45pm**

**Lunch**

*The Importance of Feminist Disability Studies*

Kim Hall, Appalachian State University

**2-3:15pm**

**Addressing Teen Pregnancy**

*Second Chance Homes: Creating Opportunities*

Vincent Smith & Jennifer Driver

Georgia Campaign for Adolescent Pregnancy Prevention

*Teen Pregnancy Prevention: Using What Works*

Andrea Sharpe, Georgia Campaign for Adolescent Pregnancy Prevention

*A Benefit-Cost Analysis of Implementing an Effective Teen Pregnancy Prevention Curriculum in Athens-Clarke County Schools.*

Karen Schlanger, University of Georgia

Session Chair: Stephanie Tingler, University of Georgia

**On Depression**

*Postpartum Depression: What the Self-help Books Say*

by Kirstin McMillen, Georgia State University

*The Impact of Depression on Parental Competence and Parental Stress for Latina Victims of Domestic Violence*

Tovah A. Choudhury, Leon M. Silvers, Martha E. Hage, Natalia A. Hernandez, Caroline A. Lippy, Josephine V. Serrata, Julia L.

Perilla

Georgia State University

*Gender Disparities in Youth Suicidal Behaviors: A Closer Examination of Risk Factors for High School Girls*

Bethany A. West, Frances McCarty, Monica H. Swahn

Georgia State University

Chair: Karen Sichler, University of Georgia

**Promoting Girls' Health**

*Color 2 Color—a peer support group for bi-racial and multiracial teenage girls*

Heidi Nibbelink with students from Clarke Central High School in Athens, GA

Chair: Lauren Chambers, University of Georgia

**3:15-4:30pm**

**Prevention, Awareness & Latina Women's Health**

*HPV/Cervical Cancer Workshops: Transforming Awareness into Action – Effectively Strategizing for Latina/os Health*

Sayuri Espinoza, Feminist Women's Health Center

*Living with HIV/AIDS: Latina Women's Narratives*

Sandra Yudilevich, University of Georgia

Session Chair: Doris Kadish, University of Georgia

## **Creativity & Wellness**

*A Space for Girls in Literature*

Jeannina Perez and Ashley Retz, University of Central Florida

*Expressive Arts Therapy: A Feminist Approach to Navigating the Realm of the Imagination*

Tzipporah Gerson, University of Georgia

Session Chair: Minsun Shim, University of Georgia

## **Addressing Eating Disorders**

*Eating Disorder Symptoms in a Group of Muslim Women*

Yusra Ahmed, Florida State University

*Making Eating Disorder Prevention Cool: Breaking Through Resistance in School Systems*

Kris Shock, Eating Disorders Information Network

Chair: Mandy Jarriel, Georgia College & State University

**4:30-5:30pm**

**Closing Reception and Wrap-up**