

Child Coping

CAMPIS Codes: Audible deep breathing, Use of blower, Playing with puzzle or other toys, Humor by child, Makes coping statements, Nonprocedural talk to adults.

- *Counting either alone or following prompts by nurse around injection
- *Use of blower
- *Answers to adult's questions about nonprocedural topics, including age of child, pet's names, favorite ice cream, etc.
- *Reading books
- *Active play with puzzles, trucks, other toys
- *Point to a chart on the wall and talking about it ("what's that" -not in reference to needle or current medical equipment such as drops or needle)
- *Nods "yes" or "no" in response to nonprocedural question.

Quotes:

"It's not going to hurt"

"I'm going to be strong"

"I'm not going to cry"

"Those scales are bigger than the ones we have at home"

Child Distress

CAMPIS Codes: Cry, Scream, Verbal resistance, Request Emotional Support, Verbal Fear, Verbal Pain, Information Seeking, Restraint, Flail

- *Crying or whimpering
- *Whining
- *Squirming to escape
- *Need for restraint
- *Swallowing only a little of the oral medication, requiring repeated prompts.
- *Verbal resistance in general
- *Refusing to come into the room or get in position for shot

Quotes:

- "No" (in answer to "Do you want to get your shot now?")
- "Mommy"
- "What is that" referring to the needle or drops.
- "I don't want the shot"
- "I don't want to swallow that"
- "I don't want to blow"
- "That hurt me"
- "Are you going to stick me with that"

Child Neutral

CAMPIS Codes: Child informs about status, Request relief from nonprocedural discomfort, Assertive procedural verbalizations

* “Yes”, “No”, or “Fine” in response to nurse or parent questions such as "Did it hurt?" or “How are you doing?”

Quotes:

"I have to go to the bathroom" (unless a form of resistance of getting shot)

"Wait until I hug my mom"

"I want the shot in this arm"

Parent or Staff Coping Promoting

CAMPIS Codes: Nonprocedural talk to child; Humor to child; Commands to use coping strategy

*Other attempts to distract child either visually motorically such as by pointing to the camera, out

the window, or engaging the child in puzzle or toy play.

*Also blowing a blower is a prompt for the child to blow and each separate incident is counted as

a coping promoting behavior via modeling and prompting.

*The intent of the behavior is to promote distraction or enthusiasm for use of a coping behavior.

*Tone of voice tends to be more upbeat or matter of fact.

*Talk about pets, friends, clothes, age, personal interests, school.

*Encouragement to count as a coping behavior, or to breathe as a coping behavior.

Quotes:

"Blow"

"Pinch your nose (as a coping behavior)"

"Relax"

"Squeeze your mom's hand"

"Look in my eyes"

"We're going to put your puzzle together"

"Look at me"

"Make it so the blower doesn't go out all the way, blow it so it hits my hand"

"At the first shot we are going to look over this way, then over here, then at the camera"

"Look at your mom"

"Your blower is all broken"

"If you are good we will (go to McDonald's, get that toy you wanted, etc.)"

"How high can you count"

"Okay, count with me, one..., two..., etc."

"What kind of band-aid (or sticker) would you like?"

"What is Barney doing?"

"Look at the cartoon"

"Aladdin is so silly"

"That is a pretty dress you have on"

"Do those pants have pockets?"

"Your brother did so good (prior to 2nd shot)"

Parent or Staff Neutral

CAMPIS Codes: Humor to adults, Nonprocedural talk to adults, Procedural talk to adults, Child's general condition talk, Praise, Notification of procedure to come, Behavioral commands to child, Checking child's status.

- *In general, the tone of voice tends to be matter of fact. Not always the case though.
- *Many questions or answers about procedure or health status with interactions from parent to nurse.
- *Directions to child to assume a position or to parent to hold child in a particular way.
- *Counting down to the beginning of procedure.
- *Praise to the child
- *Hugs intended as praise
- *One, two, three (to announce shot)

Quotes:

- "You get a kiss"
- "A little stick" (if said matter of fact or prior to procedure)
- "Don't cry now"
- "Go see how much you weigh"
- "Here is a tissue"
- "Lets turn this way"
- "Can you hug mama around the neck" (for positioning)
- "Sit on mom's lap"
- "Hold still"
- "Good girl"
- "Let me give you your drops in your mouth"
- "You have to spit your gum out"
- "Don't drink any water for 15 minutes"
- "Lets turn this way"
- "Will they be around anyone receiving chemotherapy, with an infectious disease, or receiving antibiotics?"
- "It's going to be a little stick"
- "Your arm will be a little sore"
- "Did it hurt real bad?" (if not syrupy)
- "Swallow this"
- "You won't have to get anymore for 10 years"
- "You get a band-aid"
- "You're a good girl" (also You're a tall girl, big boy, etc. Usually said with weighing or measuring height)

Parent or Staff Distress Promoting

CAMPIS Codes: Reassuring comments, Criticism, Apologies, Giving control to the child, and Empathic comments.

* Hugs and pats intended to reassure.

Quotes:

"I'll be through soon"

"All done"

"It's just a little stick" (if said after the procedure, usually also in a whinny tone of voice)

"I know it hurts"

"I know this is hard"

"That is all you get"

"It's okay baby"

"It's over"

"All done, all done with"

"You didn't use your breathing like I told you to"

"You're going to be all right"

"Which arm do you want to get it in?"

"Poor baby"

"I don't like getting shots either"

"It hurts doesn't it"

"I'm sorry sweetie"

"This doesn't hurt"

"Stop acting like a baby!"

"Are you ready?"

"You're a big girl. You're a big girl. You're a big girl." (as in strong, not size)

"That makes it all better" (referring to bandaid after the procedure).