

PSYCHOLOGY of ADJUSTMENT– PSYC 2101 - Spring 2008
Course Syllabus

M/W/F 10:10-11:00 A.M. CALDW 102

Instructor:

Max Gunther, M.S.

Office: Psychology Bldg, Rm. 114

Hours: By appointment

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Teaching Assistant:

Marina Klimenko, M. S.

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Hours: By appointment

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Textbook:

Weiten, W., & Lloyd, M.A. (2006). *Psychology Applied to Modern Life* (8th Ed.).
Thomson, Wadsworth: New York.

Course Description & Objectives:

This course is designed to provide a comprehensive, research-oriented treatment of the complex issues underlying psychological adjustment. Issues and problems encountered in daily life will be explored from a variety of theoretical perspectives. Topics include: academic performance, stress and coping, interpersonal relationships, physical health, psychological disorders, and psychotherapy. This course encourages self-exploration and application of research based strategies and resources that address psychological adjustment. The class structure will include lecture, class discussions, and in-class assignments. Students should come to class prepared to participate in class discussions and complete in-class assignments based on reading assignments from the text and outside sources.

Research Participation:

All students enrolled in PSYC2101 are required to participate in 6.5 research credit hours. These hours are to be acquired by participation in research studies listed on Experimentrix or by writing summaries on current research articles addressing psychological topics. A grade of Incomplete will be assigned if this requirement is not fulfilled. Questions about research participation should be directed to the Research Pool Coordinator at rp@uga.edu <http://www.uga.edu/psychology/undergrad/rpsignup.htm> See also "Extra Credit."

WebCT: WebCT will be used to post class materials, assignments, and grades. WebCt will also be used to post changes to the syllabus/course schedule and additional reading assignments. Students are encouraged to use the WebCT bulletin board to discuss course materials and reading assignments. **However, neither the TA nor the instructor will monitor the bulletin board. In order to contact the instructor or the TA, you must use the email addresses listed in this syllabus**

Class Attendance:

Class attendance is expected and will be monitored on randomly selected dates through in-class assignments. These assignments will be given as 10 points of extra credit for each exam. These assignments are for the benefit of those students who attend class regularly. If you are absent when these assignments are given, no extra credit will be given. Each attendance grade will be determined by dividing the total number of times that a student was **present** for the in-class assignments, by the total number of in-class assignments that were given for that section of the class. For example, if the instructor gives 4 in-class assignments between exam 2 and exam 3, and a student is present for 3 of these, they would receive 7.5 extra credit points on exam 3.

There are no excused absences including those that the student is aware of ahead of time with the exception of religious holidays.

UGA Religious Holiday Policy: <http://www.uga.edu/provost/polproc/aapm/gp/gp406.htm>

Course Evaluation:

All four exams will be 50 multiple choice questions and worth 100 points. The final exam is 100 multiple choice questions and worth 200 points. Exam questions will be drawn **both** from the text *and* from the lecture material. Attendance and punctuality on exam dates is required. Missed exams will result in a grade of -0- for the missed exam. An excused exam absence will be given only as a result of a documented **emergency** situation (illness requiring hospitalization, etc.), and must be accompanied by a signed written statement detailing the nature of the emergency. If you have an emergency situation, you should call OSA (Attn: Ms. Linda Edge) at 542-8220. If you know in advance that you have a conflict with a scheduled exam, **you must contact the instructor at least one week prior to the exam date**. All make-up exams will be administered during the final exam period after April 29th. The final grade will be determined by the total of all points earned on exams and the **cumulative** final exam.

Exam 1	=	100
Exam 2	=	100
Exam 3	=	100
Exam 4	=	100

Final = 200

Total Points = 600

A	=	93 – 100
A-	=	90 – 92
B+	=	87 – 89
B	=	84 – 86
B-	=	80 – 83
C+	=	77 – 79
C	=	74 – 76
C-	=	70 – 73
D	=	60 – 69
F	=	59 and below

Incomplete Grades: A grade of incomplete is not an option if you are failing the course. A grade of incomplete is assigned only under the following conditions: 1) research requirements have not been met as determined by the research pool coordinator; or 2) an excused/emergency absence has occurred as determined by the Office of Student Affairs.

Withdrawal: The deadline for withdrawing from class with a grade of "W" is March 3rd, 2008. You will receive a grade of "W" only if you are passing the course.

Academic Assistance:

If you require additional assistance with the course materials, please contact the TA or the instructor as soon as possible. In order to maximize the benefits of academic assistance, please state your areas of concern (topic, chapter, etc.) when scheduling your appointment. Please prepare for your scheduled appointment by compiling specific questions you have about the course material or difficulties you are experiencing. It is your responsibility to obtain missed lecture notes due to class absences from a classmate and to check WebCT for changes in the course schedule. **Students with disabilities** should obtain a letter from the UGA Disability Services Office outlining any special accommodations needed as soon as possible.

Academic Honesty

All academic work (in-class assignments, reaction papers, and tests, etc.) must meet the standards contained in "A Culture of Honesty." All students are strongly encouraged to review UGA's online guide, <http://www.uga.edu/ovpi/honesty/acadhon.htm> that delineates issues of plagiarism, cheating, and unauthorized assistance. All academic dishonesty will be handled in accordance with university policy.

Disputing Answers to Test Questions: If you feel that you have lost points unfairly on a test question, you may submit a written statement to the instructor's psychology department mailbox in **room 134** (NOTE: the instructor does **NOT** have a mailbox on the second floor). The statement must be written and **emailed disputes will not be accepted**. In the statement, please detail why the answer you choose for the question is *better* than the answer which was identified as correct. If the issue that you raise applies to other students, then they will be informed and their grades will be adjusted accordingly.

Please Note: While every attempt will be made to adhere to this schedule and syllabus, the instructor reserves the right to alter the schedule and/or syllabus as needed.

Extra Credit:

Along with the extra credit for in-class assignments (see class attendance above), two points of extra credit will be added to student's **final exam** grade (i.e. the cumulative final given on April 30th) at the end of the semester for every hour of research pool credit they have accrued above the required 6.5 hours, up to a maximum of 10 percentage points (i.e. 20 points - 10 extra hours – or 16.5 RP hours total.) For example, if a student completed a total of 9 RP hours on experimentrix, they would receive a total of 5 points added onto their final exam grades. **Stated another way, students will receive 1 percentage point added to their final exam for each extra RP hour.**

PSYCHOLOGY 2101 COURSE SCHEDULE

Week	Lecture/Exam Dates	Topic	Chapters
0	January 7	Introduction	Chapter 1
1	January 9	Adjusting to Modern Life	Chapter 1
	January 11	Adjusting to Modern Life	Chapter 1
	January 13	Adjusting to Modern Life	Chapter 1
2	January 14	Theories of Personality	Chapter 2
	January 16	Theories of Personality	Chapter 2
	January 18	Stress and Its Effects	Chapter 3
3	January 21	NO CLASS – MLK B-DAY	
	January 23	Stress and Its Effects	Chapter 3
	January 25	Stress and Its Effects	Chapter 3
4	January 28	Coping Processes	Chapter 4
	January 30	Coping Processes	Chapter 4
	February 1	Coping Processes	Chapter 4
5	February 4	REVIEW FOR EXAM 1	Chap 1,2,3,&4
	February 6	❖ EXAM 1	Chap 1,2,3,&4
	February 8	The Self	Chapter 5
6	February 11	The Self	Chapter 5
	February 13	Interpersonal Communication	Chapter 7
	February 15	Interpersonal Communication	Chapter 7
7	February 18	Interpersonal Communication	Chapter 7
	February 20	Friendship & Love	Chapter 8
	February 22	Friendship & Love	Chapter 8
8	February 25	Friendship & Love	Chapter 8
	February 27	REVIEW FOR EXAM 2	Ch 5, 7, & 8
	February 29	EXAM 2	Ch 5, 7 & 8

PSYCHOLOGY 2101 COURSE SCHEDULE

Week	Lecture/Exam Dates	Topic	Chapters
9	March 3	<i>Midpoint withdrawal deadline</i>	Chapter 9
	March 5	Marriage/Intimate Relationships	Chapter 9
	March 7	Marriage/Intimate Relationships	Chapter 9
10	March 10	<i>Spring Break</i>	
	March 12	<i>Spring Break</i>	
	March 14	<i>Spring Break</i>	
11	March 17	Marriage/Intimate Relationships	Chapter 9
	March 19	Gender and Behavior	Chapter 10
	March 21	Gender and Behavior	Chapter 10
12	March 24	Careers and Work	Chapter 12
	March 26	Careers and Work	Chapter 12
	March 28	Careers and Work	Chapter 12
13	March 31	REVIEW FOR EXAM 3	Ch 9,10 & 12
	April 2	EXAM 3	Ch 9,10 & 12
	April 4	Psychology & Physical Health	Chapter 14
14	April 7	Psychology & Physical Health	Chapter 14
	April 9	Psychological Disorders	Chapter 15
	April 11	Psychological Disorders	Chapter 15
15	April 14	Psychological Disorders	Chapter 15
	April 16	Psychotherapy	Chapter 16
	April 18	Psychotherapy	Chapter 16
16	April 21	Psychotherapy	Chapter 16
	April 23	REVIEW FOR EXAM 4	Chap14,15,& 16
	April 25	❖ Exam 4	Chap14,15,& 16
17	April 28	REVIEW - CUMULATIVE FINAL	CUMULATIVE
	April 30	❖ CUMULATIVE FINAL	8:00 - 11:00 am