

THE UNIVERSITY OF GEORGIA

College of Public Health  
Undergraduate Office  
N124 Coverdell Center  
[www.publichealth.uga.edu](http://www.publichealth.uga.edu)



Health Promotion and Behavior  
Undergraduate Office  
308 Ramsey Center  
[www.publichealth.uga.edu/hpb](http://www.publichealth.uga.edu/hpb)

Major: Health Promotion  
Area of Emphasis: Health Promotion (B.S.H.P.)

The health promotion area of emphasis prepares students for health promotion and wellness positions in public, community, worksite, and health care setting, as well as for graduate level work in public health.

*Freshman and Sophomore years (60 hours) Courses that meet the General Education Curriculum Areas I through V may be found at: <http://bulletin.uga.edu> or <http://www.curriculumsystems.uga.edu/ucc/GenEdCore.pdf>*

I. Foundation Courses (9 hours)		V. Social Sciences (9 hours)	
ENGL 1101	(3)	HIST 2111 or 2112	(3)
ENGL 1102 or 1102M	(3)	POLS 1101	(3)
MATH 1101 or 1113 or 2200 or 2250	(3-4)	PSYC 1101	(3)
II. Sciences (7 hours)		VI. Courses Related to the Program of Study (18 hours)	
Physical Sciences	(3-4)	(Grade of C or better)	
Life Sciences (BIOL 1103 or 1107 preferred)	(3-4)	HPRB 1710	(3)
III. Quantitative Reasoning (3 hours)		CBIO 2200	(4)
CSCI 1210 preferred	(3)	CBIO 2210	(4)
IV. World Languages and Culture, Humanities, and the Arts		BIOS 2010	(4)
World Languages and Culture	(9)	SPCM 1100	(3)
Humanities and the Arts	(3)	PEDB (1 hour)	(1)

Entrance requirements for the major may be found at [http://www.publichealth.uga.edu/hpb/academics/bshp\\_application.html](http://www.publichealth.uga.edu/hpb/academics/bshp_application.html). This major is a high demand major and applications are accepted each fall and spring semester. Additional information may be found at [bulletin.uga.edu/](http://bulletin.uga.edu/) under the Health Promotion major.

*Junior and Senior years (60 hours). A grade of C or better is required for all major required and major elective courses.*

Major Requirements (42 hours)

Please note that some courses have pre-requisites. Starred courses must be taken in sequence.

FDNS 2100	Human Nutrition and Food	(3)
PSYC 2101	Psychology of Adjustment	(3)
KINS 3700	Applied Exercise Physiology	(3)
PBHL 3100	Introduction to Public Health	(3)
EHSC 3060	Introduction to Environmental H.	(3)
EPID 4070	Fundamentals of Epidemiology	(3)
*HPRB 3020	Introduction to Health Promotion	(3)
*HPRB 3700	Community Health	(3)
*HPRB 4400	Health Prom. Program Dev.	(4)
*HPRB 3460	Practicum in HPRB (40 hrs)	(1)
*HPRB 3460	Practicum in HPRB (60 hrs)	(1)
*HPRB 5560	Field Experience	(12)

Major Electives (18 hours)

Remember that major electives are preparing you for the internship. Major electives should be chosen in consultation with your major advisor. Check pre-requisites as many courses have them. Some courses may require permission from the department offering the course

Choose six:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Major Electives for the Health Promotion Area of Emphasis:

AFAM/SOCI 3300	Global Aspect on Racism & Sexism	IDIS/CBIO 3100(H)	People, Parasites, and Plagues
AFAM.SOCI 3310	Race and Culture	KINS 4310	Exercise Programming
AFAM/PSYC 4500	Psychology of Prejudice	KINS 4640/L	Conditioning and Fitness
AFAM/SPCM 3820	Interracial Communication	KINS 4320	Exercise and Aging
ANTH 3440	Herbs, Spices, and Medicinal Plants	PSYC 3230	Abnormal Psychology
ANTH 3530	Anthropology of Folk Medicine	PSYC 3260	Human Sexuality
ANTH 3540	Multicultural Health Care	PSYC 3810	Psychology of Health
ANTH 3541	Anthropology of Eating	PSYC 4200	Social Psychology
ATNH 4070	Cultural Ecology	PSYC 4500	Psychology of Prejudice
ANTH 4590	Ecology and Evol. of Human Disease	PSYC 4600	Psychology of Women
ECHD 3170	Drug and Alcohol Abuse Issues	PSYC 4700	Psychology of Aging
ELAN 4620E	ESOL Service Learning	SOCI 3100	Medical Sociology
FDNS 4050	Optimal Nutrition for the Lifespan	SOCI 3280	Sociology of Gender
FDNS 4510	Nut. Related to the Human Life Cycle	SOCI 3290	Gender and Work
FDNS 4540	Public Health Dietetics	SOCI 3400	Environmental Sociology
FDNS 4560	Nutrition and Aging	SOCI 3550	Population Issues
FDNS 4600	Food and the Consumer	SOCI 3730	Social Psychology
FDNS 4630	Cultural Aspects of Food and Nutrition	SOCI 3860	Soc. of Alcohol and Drug Use
HPRB 3150	Women's Health	SOCI 4280	Global Perspectives on Gender
HPRB 3210	Consumer Health	SPCM 3320	Environmental Communication
HPRB 3750	Injury Prevention	SPCM 3820	Interracial Communication
HPRB 4450	Occupational Safety	SPCM 4610	Health Communication
HPRB 4480	International Health		
HPRB 5060	Sexuality Education		
HPRB 5210	Drug Use and Abuse		

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Please note that pre-requisites apply for many courses, including major required and major elective courses. Several required courses have pre-requisites and must be taken in sequence including KINS 3700, HPRB 3020, HPRB 3700, HPRB 3460, HPRB 4400, HPRB 5560, and EPID 4070.

Study abroad courses may work as major electives. Talk to your advisor.

First Aid and CPR certification is required prior to registration for HPRB 5560.

The proposal for HPRB 5560 must be completed by mid-point of the semester preceding the field experience. Field experience proposal materials will be made available after completion of an application for internship, which is submitted during advisement.

It is recommended that all HPRB students compile and maintain a portfolio documenting and exhibiting work or experiences gained throughout the undergraduate program. A portfolio is required for successful completion of the field experience.