

**Department of Health Promotion and Behavior  
College of Public Health  
University of Georgia**

**HPRB 5160  
HPRB 5160 – Special Topics: Introduction to International Health Promotion  
Fall, 2007 Syllabus**

**Course Information**

Instructor: Dr. Carol Cotton  
Office Location: 325 Ramsey  
Phone: 706/542-2804 (office); 706/542-3313 (secretary)  
Email: cpcotton@uga.edu  
Office Hours: by appointment only

**Course Meeting Time and Location**

Building: Ramsey Center  
Room: 205  
Day: Monday-Wednesday-Friday  
Time: 2:30-3:20

**Textbooks and Other Required Course Material**

Skolnik, R. (2008). Essentials of Global Health, Sudbury, Massachusetts: Jones and Bartlett Publishers.

Levine, R. (2007). Case Studies in Global Health: Millions Saved, Sudbury, Massachusetts: Jones and Bartlett Publishers.

Assigned in-class readings.

**Course Description**

This course will introduce the student to health promotion around the world. The history of international health promotion efforts will be included, and students will study various diseases and major health issues that affect diverse populations worldwide. Students will examine health promotion efforts and analyze the impact of these efforts on the health of populations.

## Course Learning Objectives

By the end of the course, students will:

- describe health and wellness from an international perspective
- identify international organizations and control programs that focus on health
- relate relevant social, cultural, biological and political factors to health issues worldwide
- describe a current health problem within a diverse target population
- present international health data and information using effective presentation strategies
- describe different international health policies and health delivery systems

## Course Requirements for Grading Purposes

Attendance:	10%	
Participation	10%	
Article Presentation:	15%	Sign Up
Health Topic Paper:	20%	Friday, October 12
Tests (average of 4 scores):	25%	Wednesday, September 19
		Friday, October 19
		Wednesday, November 14
		Monday, December 3
Recommendations Presentation:	20%	Monday, December 10, 3:30-6:30

## Topical Outline

### Course Content Schedule

August 17: Introduction to Course

August 20: Introduction/Course Policies/Sign Up Sheets

August 22: International Health Promotion History; Attendance Starts

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August 24: Overview of Health Statistics Worldwide

August 27: Measuring Health

August 29: Measuring Health

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August 31: Measuring Health

September 3: HOLIDAY

September 5: Burden of Disease and Related Factors

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September 7: Burden of Disease and Related Factors

September 10: Culture

September 12: Culture

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September 14: Health Promotion Programs

September 17: Health Promotion Programs

September 19: **TEST 1**

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September 21: Presentations

September 24: Presentations

September 26: Presentations

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September 28: Presentations

October 1: Reproductive Health

October 3: Reproductive Health

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October 5: Reproductive Health

October 8: Infectious Diseases

October 10: Infectious Diseases

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October 12: Infectious Diseases; papers due

October 15: Chronic Diseases

October 17: Chronic Diseases

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October 19: **TEST 2**

October 22: Unintentional Injuries and Violence

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October 24: Unintentional Injuries and Violence

October 26: UGA CLOSED

October 29: Unintentional Injuries and Violence

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October 31: Environmental Health

November 2: Environmental Health

November 5: Environmental Health

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November 7: Mental Health

November 9: Mental Health

November 12: Mental Health

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November 14: **TEST 3**

November 16: Nutrition

November 19: Nutrition;

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November 21: UGA CLOSED

November 23: UGA CLOSED

November 26: Health Systems

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November 28: Health and the Economy

November 30: Health and the Economy

December 3: **TEST 4**

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December 4: Group Work

December 5: Group Work

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December 10: Recommendations Presentations

## Grading Policy

### Grading Criteria:

97-100%	A+	>93-<97	A	90-93	A-
87<90%	B+	>83-<87	B	80-83	B-
77<80%	C+	>73-<77	C	70-73	C-
67<70%	D+	>63-<67	D	60-63	D-
<60%	F				

### **DISCUSSION OF ASSIGNMENTS:**

Tests: Tests will be in-class. All students must complete each test in the time regularly allotted for class. You will not have additional time to finish a test if you are late arriving to class. Tests will be based on lectures, textbook readings, guest speakers, and other assigned readings. Test format will vary. Class time will not be set aside for test review, but if you would like to get extra help preparing for tests, you can make an appointment with me, and I will be happy to help you individually. Tests will not be discussed in class, but you may see your graded test immediately after class the next day class meets. You can ask questions about your tests individually at that time. You may see your tests in my office whenever, and for however, long you wish.

Article Presentation: Each student will make an oral presentation to the class of an international health promotion article from a peer reviewed journal. The presentation will last between 10-15 minutes. Each student will find 3 articles suitable for presentation and provide the instructor with a copy of each article. The instructor and the student will decide jointly which article will be presented to the class. The presentation will include at least one visual (such as a handout, flip chart, overheads, a diagram on the board or a Powerpoint presentation). If a Powerpoint presentation is used, you must submit a handout sheet of slides when you make the presentation. The presentation will include: a) a synopsis of introductory information, b) a description of the methodology, c) the results of the study and, d) a synopsis of the discussion. A brief question and answer period must be included. The grade will be based on your ability to present the information clearly, use of visuals, staying within the time limit, and content. A sign-up sheet will be available. **If you miss more than 1 of the Article Presentation Days, you will receive a "0" for your own presentation grade.**

Health Promotion Topic Paper: Each student will write a paper on a specific health topic or on a specific country (not US) and the health issues in that country. The topic or country must be approved by the instructor. No 2 papers will be on the same topic or country. The paper must include an overview section describing the health topic or the country and country-specific health issues in depth. It must also include a synthesis of the current information available about the topic or the country-specific health issues. It must also include a comparison of the international health promotion efforts to those of the US. Lastly, a discussion section will present the students' conclusions of how the health topic or the country-specific health issues will impact on the future of the world or the country.

Paper Sections:            Cover Page

Table of Contents  
Overview  
Current Information Discussion  
Comparison to US  
Discussion of Future Impact  
Reference Page  
Appendices

The paper must be stapled or bound and it must have page numbers. The references must be in APA style. There are no page parameters.

Recommendations Final Presentation and Short Paper: The final presentation is a group project (2 students) that will be presented during the final exam period, Monday, December 10 from 3:30-6:30pm. Students will choose their own partner and will choose a topic area that must be approved by the instructor. No 2 groups may present the same topic, so get your choice in early. Each group will make an oral presentation of recommendations they have developed to solve an international health problem based on what has been learned in class this semester. The presentation will be no longer than 20 minutes and will include:

-a description of the problem to be solved and why it is important

-a detailed description of the recommended solution(s) to the problem, including links to other successful programs or persuasion based on health promotion theory

This presentation will be turned in as a paper. The paper must be turned in at the beginning of the presentation. Grading of the presentation will include a) the presentation style (10%), 3) the comprehension of the problem description (15%), the ability of the group members to answer questions about the information (10%), and 4) the quality of the recommendations and the strength of other program links/persuasiveness (15%). The grade of the paper will include a) formatting (10%), b) quality of writing (10%), c) content and overall assessment of both the problem and the recommended solution(s) (30%).

--Submission of Written Assignments: All written assignments are due by the beginning of the class period on the due date, unless otherwise announced. You may turn them into me in the classroom, put them in my mailbox in the 3<sup>rd</sup> floor copier room before the start of class, or put them under my door before the start of class. Late written assignments will be graded as follows:

- a. turned in any time other than at the beginning of the class period until 5:00pm on the due date, grade starts from 80
- b. after 5:00pm on the due date, the assignment will receive a grade of "0."

--Participation: Students are expected to come to class prepared to participate in class discussions. The participation grade will be based on responses to questions asked by the instructor during class periods, participation in group discussions, and questions asked by the student of the class or the instructor.

--Assignment Specifics: Requirements for all written assignments are that they be typed (black ink on white paper; margins on all four sides no greater than 1-1.5 inches; Arial or Times New Roman font 12 point) and double-spaced unless otherwise noted. All written assignments must include a cover page with a) your assigned ID number, b) the due date of the assignment, c) the title of the assignment, d) teachers name and, c) the course number **and name**. Written

assignments must be free from grammatical and spelling errors. Assignments that do not adhere to these requirements may be returned to you for revision (in which case the late paper grading scheme becomes effective) or the grade may be reduced to reflect the frequency and severity of the errors. All references must adhere to the latest APA style guidelines.

### **Make-Up Policy**

Make-up tests will only be offered on an individual basis and only due to personal emergencies. The student must contact the instructor before test time in order to schedule a make-up test. Examples of personal emergencies that would warrant a make-up test are a flat tire on the way to the exam, your own severe illness or hospital admission, or a family emergency that requires you to leave Athens. Examples of excuses that are not considered personal emergencies are no sleep the night before the exam for any reason, accompanying a roommate or significant other to their personal emergency, or lack of transportation that is foreseeable. Plan to take the tests as scheduled. Make-up tests will not be identical in form or content to the original tests. I **strongly** recommend that you not miss tests if at all possible.

### **Attendance Policy**

Attendance will be taken every day (starting the first class day after drop/add). If you come into class more than 10 minutes late or leave earlier than 10 minutes before the end of class, you will be counted absent. If you miss 4 or more class periods before October 9 (midterm) you will be administratively dropped from the course. Emergency absences will be handled on an individual basis. The **ONLY** excused absences are for religious holidays (see official UGA schedule of these holidays). Illness or other appointments are not excused absences. Grading for attendance is as follows: 0 absences = 100, 1-3 absences = 95, 4 absences = 90, 5-7 absences = 85, 8-9 absences = 80, 10 or more absences = 0.

### **University Honor Code and Academic Honesty Policy**

Students will adhere to the UGA Student Honor Code and understand the Academic Honesty Policy: *I will be academically honest in all of my academic work and will not tolerate academic dishonesty of others.* Academic honesty means performing all academic work without plagiarism, cheating, lying, tampering, stealing, receiving unauthorized or illegitimate assistance from any other person, or using any source of information that is not common knowledge. Every student who enrolls at UGA agrees to be bound by the UGA Student Honor Code. This means that each student has a responsibility to read and comply with the policy. It is no defense to a charge of academic dishonesty to say "I didn't know that was prohibited." A full version of *A Culture of Honesty* may be found at <http://www.uga.edu/ovpi>. For violating the honesty pledge, you can be failed, suspended, or expelled. Both the University of Georgia and I take this oath very seriously.

*All academic work must meet the standards contained in “A Culture of Honesty.” All students are responsible to inform themselves about those standards before performing any academic work.*

### **Students with Disabilities**

Students with disabilities who require reasonable accommodations in order to participate in course activities or meet course requirements should contact the instructor or designate during regular office hours or by appointment.

### **General Disclaimers**

**The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.**